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HEALTH CARE PLAN BENEFITS & PAYMENT AGREEMENT

To bill your carrier for the health care treatment covered under your plan, complete this form. Also, fill out the highlighted portions of the Health Insurance Claim Form on the next page. Bring these forms and a photocopy of your insurance card to the first session.

- To determine what benefits you have available, call the customer service number listed on the back of your insurance card and request to be connected to the mental health department for verification of benefits.** (If the back of the card has a number for the mental health department, then call that number.)

Ask the following questions:

- “Is Dr. Kimberly Tangen an in network provider under my plan? I am calling to check on my psychotherapy (or psychological testing) benefits.”**
- If the answer is YES, then ask the questions listed in column A (see below). Document the answers. If the answer is NO, then ask the questions listed in column B (see below). Document the answers.**

Column A	Column B
1. How much is my “in network” deductible?	1. Do I have “out of network coverage” for these services? Y or N A. If so, how much is my “out of network” deductible?
2. How much of my “in network” deductible remains for me to pay out of pocket?	2. How much of my “out of network” deductible remains for me to pay out of pocket?
3. What is my “in network” out of pocket maximum?	3. What is my “out of network” out of pocket maximum?
4. Do I need an authorization for this service? Y or N If Yes, then ask: A. What is the authorization number? _____ B. How many sessions are authorized to start with? C. What are the start and end dates of the authorized sessions? START: _____ END: _____ D. What is the maximum number of sessions that I am authorized for?	4. Do I need an authorization for this service? Y or N If Yes, then ask: A. What is the authorization number? _____ B. How many sessions are authorized to start with? C. What are the start and end dates of the authorized sessions? START: _____ END: _____ D. What is the maximum number of sessions that I am authorized for?
5. What is my copayment?	5. What is my copayment?
6. What is the address to send the claim to?	6. What is the address to send the claim to?
7. What is the address to send the treatment reports to?	7. What is the address to send the treatment reports to?

I authorize the release of information regarding my care to my health plan carrier for the payment of claims and other purposes related to the administration of benefits. I understand that it is my responsibility to pay for services not covered by my health plan whether because authorization was not obtained, denial, change or limitation of benefits, copay, deductible or other reason. I further understand that if there is an outstanding balance, I will make arrangements to pay the amount due.

 Client (or Personal Representative) Signature

 Print Name & Date

